Dear Triad ASSE Members,

As we ease into the fall and winter we are well into the latter part of 2014! School is back in session, the temperature is cooling off which brings more opportunity for indoor activity. Most look forward to the rest and relaxation that winter brings but it is equally important to remember the many dangers of the season and stay mindful of ways to keep your family, friends, and pets safe. Here are a few tips:

1. Use non-toxic de-icing substances such as clean clay cat litter, sand, or fire-place/stove ash to prevent hazardous waste from chemicals that can harm your pets, tree, shrubs, and the environment.

2. Winterize your vehicle by checking your air filter and fluid levels, checking tires for tread wear and proper inflation, and checking the condition of your windshield wipers. Ensuring your vehicle is ready for weather changes will reduce damage, which prevents waste from broken parts, and will keep you safe on the road.

3. If you have a wood-burning fireplace, save your ashes in a tin instead of throwing them away. Cold wood ashes can be mixed in your compost heap to create a valuable soil amendment that provides nutrients to your garden.

4. Use electric or manual snow removal products rather than gasoline-powered ones. While electric and manual methods may consume energy, they do not emit greenhouse gases.

5. Install a programmable thermostat. When installed and used you can save about $100 each year while staying comfortable.

6. Close the recycling loop. Many articles of clothing, such as jackets, scarves, gloves, and boots, are now made from recycled materials.

7. Winter storms often cause power outages. Prevent waste by keeping recharge-able batteries rather than disposable ones stored throughout your house with your flashlights.

8. Recycle old newspapers by making rolled paper logs for your fireplace. Roll newspaper sheets around a broom stick until your log is the desired size, then soak your log thoroughly in water. Dry the log overnight and use like ordinary wood. Always follow proper safety precautions when burning anything around your home.

9. To make sure your heating system (boiler, furnace or heat pump) is operating at its most efficient, it is a good idea to have a contractor perform a routine check-up and any necessary maintenance on the equipment before freezing weather drives up your energy bill.

10. If your heating equipment is more than ten years old, it may be time for a re-placement to a more energy-efficient unit. While initially an expensive invest-ment, replacing old equipment with ENERGY STAR qualified equipment saves more energy and money in the long run.

(continued on pg 2)
This space is devoted to free advertisement of safety-related openings that might be of interest to our membership. Please contact Allen Bullis or Chip Howard if you would like to list an opening here and on our website. Check our website for more details and additional listings.

- **Regional Safety Manager, Performance Contracting, Inc., NC** - mike.hill@pcg.com
  
  (see ASSE’s “EH&S Jobs” page for more information on the above job & others)

- **Safety Manager, Glen Raven, Burlington, NC** - send resumes to careers@glenraven.com

- **Environmental, Health and Safety Manager, Perry, OK** - www.psassociatesinc.com

- **PSM Leader, Philadelphia, PA** - www.psassociatesinc.com

- **Safety Engineer (2), Philadelphia, PA** - www.psassociatesinc.com

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### Upcoming Meetings/ Events

Mark your calendars, more details will be forthcoming soon on these and others for the Triad ASSE 2013/2014 year!

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>September 16th</strong></td>
<td>Technical meeting</td>
<td>11:30am-1:00pm</td>
<td>Cooper Ale House, Greensboro</td>
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<tr>
<td><strong>October 1st</strong></td>
<td>LEPC / BSISC</td>
<td>8:00am-3:00pm</td>
<td>Greensboro Coliseum</td>
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*Watch your e-mail and our website for more information*

- Lunch meetings—Networking at 11:30, Lunch at 12:00
- Evening Meetings—Networking at 5:30 PM, Dinner at 6:00 P.M.

www.asse.org                               www.triadasse.org
ASSE Student Chapter President, Lorissa Milton, reports that Thomas Grice has filled the position of “Treasure” for the Student Chapter.

Thomas is a senior in the Occupational Safety and Health program at North Carolina A&T State University. He is originally from Charlotte N.C. and is “always on the looking for great opportunities to better my life and further my career”. Thomas is an Active member in the A.S.S.E. student chapter. He has a passion for safety and works to enforce and promote safety everywhere he goes. Thank you for “stepping up to the plate” and helping out. This is an important role and carries a great deal of responsibility. Congratulations on this accomplishment Thomas!

Guilford County LEPC/Triad ASSE Safety Talk Contest!

The closing session at the BISE Conference this year will be a safety talk contest with a cash prize. The contest starts at 2:00 pm. If you are interested in entering the safety talk contest, please contact Holly Johnson at: holly.johnson@greensboro-nc.gov prior to September 26, 2014. If you haven’t already registered to attend the conference, you can do that at this link: 2014-business-industry-safety-and-environmental-conference-tickets

ASSE Foundation 2014 Grants

The ASSE Foundation Research Program is pleased to announce the creation of a landmark $300,000 grant to fund the development of knowledge in the safety and health sciences. This grant will provide opportunity for scholars and researchers to perform groundbreaking studies, bring new ideas to the safety community and assist safety and health professionals in mitigating the risks of injury and illness in the workplace. Those wishing to submit a full proposal must first submit a 5-8 page white paper detailing their proposed research, due October 1, 2014. Proposals should be focused on safety-related topics of the NIOSH-National Occupational Research Agenda (NORA).
### 2014-2015 Triad Chapter Officers & Committee Chairperson

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### Professional Development Opportunities

#### Mark your calendars now for the 28th annual Region VI professional development conference, which has been described as the biggest little PDC around. This conference is recognized nationally and is totally run by volunteers from the region! Sign up before it’s too late!  
See -> [2014 ASSE Region VI PDC](#) for more details.

### Creating a Safety Culture

Safety cultures must be carefully and deliberately nurtured to sustain safe habits. To do this, every organization must understand the science of behavior. This webinar provide a behavioral definition of culture and through that context, will help you look at your organization from the top down and more clearly distinguish between safe and at-risk behaviors. Strategies for change will also be discussed. September 24, 2014 at 9 Pacific / 11am Central / Noon Eastern [ASSE Virtual Classroom](#)