



ASSP TRIAD DISTRICT EXECUTIVE COMMITTEE MEETING

Date & Time: 02/22/2024 12:00pm

Location: Zoom Meeting

Meeting start: 12:00 pm

Meeting adjourned: 1:00 pm

In attendance: (___ In Person, 7 Virtual) Cole Foster (presenter), Nate Schumacher, Lance Miller, Carra Herring, Heather, Bakri Abushouk, StephanieSe

Type of meeting: Chapter Meeting, Guest Speaker - Cole Foster

- Welcome,
 - Next meeting/technical tour, Colonial Pipeline tour in March 14th
 - Regional and National conferences coming up.
 - Event coming up for networking, possible trivia night.

February ASSP Chapter Meeting (Hybrid)

Early Intervention - close the gap by providing solutions for discomfort and seeking out injury causing situations as they occur in real time.

February 22, 2024

12:00 pm - 1:00 pm

Topic: Early Intervention – close the gap by providing solutions for discomfort and seeking out injury causing situations as they occur in real time.

Location: Brady Services or Zoom – register below for either option

Speaker: Cole Foster MS, MBA, CSCS

Most organizations implement both reactive and proactive strategies for workplace injury prevention. Proactive tools anticipate a desired outcome for the future. Reactive strategies are based on mitigating incidents based on past events. Both approaches are necessary and provide value. However, the two approaches leave an effectiveness gap in terms of addressing what is currently happening in the present in terms of discomfort, pain, and injury. Early Intervention closes the gap by providing solutions for discomfort and seeking out injury causing situations as they occur in real time.

During this presentation, you will discover how Early Intervention:

1. Gives businesses more control of the injury process.
2. Changes the focus from reporting injuries to early reporting of discomfort.
3. Stops and reverses the progression of injury in the early stages, by providing solutions to discomfort and manageable problems.

About the Speaker:



Cole is a senior safety professional, injury prevention & occupational health consultant, and a former elite athlete. Cole has worked 19 years in the utility industry creating and overseeing occupational health programs. He holds a master's degree in human physiology/biomechanics, has Division 1 NCAA experience as a strength and conditioning coach, and is passionate about injury prevention and worker resiliency.

MEETING ADJOURNED: 1:00pm

NEXT MEETING: ASSP Triad Chapter Meeting March 14th, at 11:45 am.
Technical Tour - Colonial Pipeline Tank Farm